


ACTIVITIES OF THE CIRCLE OF TRUST

Organization: Institut Postliceal Phoenix

Country: Romania

	ACTIVITY	PHOTOS
WHAT kind of activity?	<p><i>Techniques of Integrative Oncology in "Oncosuport" Circle of trust</i></p> <p>There are some evidence that, when is incorporated into cancer care, mind-body therapy can help to improve the quality of life, including improving state of mind, sleep quality and general well-being.</p> <p>The techniques of integrative oncology began with initiation in <i>Prananadi</i>, part of the mind-body therapy. The introduction in the Prananadi technique, took place on August 30, 2018, at the dissemination conference of the SPAC project by Mr. Grosz Vilmos. The traditional Tibetan healing technique supports personality development process and positively influences healing processes, reduces pain, helps reduce or dissolve states of fear, anger, depression, anxiety and doubt. It increases the capacity of mental and physical effort. Helps in the learning process, stimulates creativity, improves performance and adaptability. Nine of the participants decided to be initiated in this technique, under the master's guidance.</p> <p>The group agreed to meet to meet weekly to practice the techniques learned.</p>	
WHO	<p>At this event the participants were 9 people in total, in particular:</p> <ul style="list-style-type: none"> 3 caregivers 2 psychologists 1 volunteer 3 patients 	
WHERE	<p>Institut Postliceal Phoenix, Aviator Badescu Street, no. 27, Cluj-Napoca, Cluj, Romania</p>	
WHEN	<p>22 September 2018</p>	